



200-Hour Yoga Teacher Training Application Form

Your Information

First Name: _____ Last Name: _____
Address: _____ City: _____ Province: _____
Postal Code: _____ Date of Birth: _____ (mm/dd/yy)
Cell #: _____ Email: _____
Occupation: _____

Emergency Contact Information

First Name: _____ Last Name: _____
Relationship: _____ Telephone #: _____

How did you hear about the Yoga Teacher Training (YTT)? (choose ONE)

Another client - who? _____
In a yoga class
Yoga teacher - who? _____
Poster
Social Media (please check all that apply): Facebook Twitter Instagram YouTube
Web search
Chrysalis Yoga's Website
Chrysalis Yoga's Newsletter
Other (please explain): _____

Answer the Following Questions

1. Who are your primary yoga teachers?

2. What inspires you about yoga?

3. Why do you want to take yoga teacher training? (List 1-3 goals)

4. What are your fears or challenges in doing yoga teacher training?

5. What do you feel you need to do in order to overcome these fears or challenges so you can achieve the goals you listed in Question 3?

Please Read, Check off the Boxes & Sign (to indicate that you understand)

I understand what is required of me in order to receive certification (outlined in Info Package):

- 100% attendance is required. I'll avoid being late and will stay for the duration of the sessions. If I miss a session, I'll arrange a make-up session at the cost outlined in the Information Package.
- Attend 1-2 yoga classes a week at Chrysalis Yoga (as outlined in the homework).
- All homework must be completed and handed.
- Assist yoga classes at Chrysalis Yoga (as outlined in the homework).
- Perform all poses from the syllabus with precision. Progression is key, not perfection. Injuries, physical concerns and needed modifications will be taken into account.
- Complete all teaching assignments with efficiency. Demonstrate teaching skills, knowledge and basic understanding of the philosophy and principles of Hatha yoga.

I understand the payment terms and conditions:

- A non-refundable deposit (\$500 + HST) is due at time of acceptance into the program. The deposit is non-refundable (under any circumstances).
- I can pay in full (at the early-bird rate, if paying before or on the early-bird deadline or at the non-early bird pricing if paying after the early-bird deadline) or I can pay in 6 monthly instalments (after the deposit is paid), as outlined on the website.
- If I choose to cancel before the teacher training begins, a full refund will be given, minus the non-refundable deposit.
- If I choose to cancel after the teacher training starts, I'll be refunded the prorated amount (YTT tuition spread over 11 weekends, minus the deposit).
- If I wish not to receive a refund and continue the teacher training at a future date, I can apply the amount paid towards a future training (as a credit). An additional \$150 + HST administration fee is required. I have 2 years to complete the teacher training.
- I'm welcome to repeat the teacher training program at 30% off the full cost of the program.

I understand that the required texts are not included in the price of the teacher training. All other materials (such as: yoga flashcards and manuals) and unlimited yoga are included in the price.

I understand that payment and attendance does not guarantee certification.

I understand that Chrysalis Yoga reserves the right to cancel my attendance in the program due to excessive absenteeism, the use of alcohol or non-prescription drugs, theft, non-accidental damage to Chrysalis Yoga's property, non-payment of scheduled tuition, disruption to the group or other inappropriate behaviour.

I understand that under no circumstances can I duplicate, copy, modify, download, translate, display, use or reproduce any portion of the Chrysalis Yoga Teacher Training content without Chrysalis Yoga's written consent.

I understand that the teacher training requires full commitment. I'm ready for this transformational experience.

Signature: _____

Date: _____

Next Steps

- Send your completed Application Form to: shanine@chrysalisyoga.ca
- Upon review of your application (turnaround time is about 1-3 days), you'll receive an email with the Acceptance Package.
- Pay your deposit as soon as possible, to secure your spot.
- If you've never practiced at Chrysalis Yoga, be sure to complete a Client Intake Form (which includes the waiver and release).

Clear Form

Print Form

Save Form